

“Ever
desireless,
one can see
the mystery.
Ever desiring,
one can
see the
manifestations.
These two
spring
from the same
source
but differ in
name...”



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Lao T su

Our mystic has identified the thread connecting the Mystery of life and the Manifestations of life – the two sides of Source (God, the Absolute, the Light) *from our human perspective*. Becoming desireless by *releasing* our attachment to the fulfillment of our desires frees the Mystery to emerge from the unnoticed background into the foreground of our perception. Becoming focused and *holding*, with confident expectation, the thought of our desires fulfilled, harnesses the magic of Manifestation, evoking into existence, through a myriad of forms, creative expressions of Source Itself.

Living in a dualistic universe shapes our sense of reality so that a single phenomenon appears to have two sides that are seemingly separate, antagonistic, or contradictory. An example of this playing out in practical daily life is the following dilemma:

*“Should I just let things happen and put my energy into being desireless,
freeing life to unfold in its own way, or should I focus my personal attention and
awareness on what I truly desire and work to make things happen?”*

Understanding that background and foreground, releasing thought and holding thought, spring from the same Source and are only different in name and form allows you to enter the

realm of paradoxical wisdom. The Mystery requires Manifestation and Manifestation requires the Mystery. You cannot have one without the other. Their organic unity reveals they are of a single source.

When you can hold releasing desire and focusing on desire as the two sides of Source *as viewed by human understanding*, you can relax and allow the flow of the Mystery to guide you to the Manifestations wanting to arise. From this amazing place, you can begin to realize you are being done by Life, by Source, by God, and the “peace that passes all understanding” begins to arise.

I invite you to explore this dilemma when it arises. Do you take the position of “doing” something about your desire in order to make something happen? Or do you take the position of “being” desireless and stepping out of the way so life can take you where it will? Or do you struggle and end up in indecision and paralysis?

For the Marketplace Mystic, it is the on-going flow *between* the two that becomes the most valuable focus for practical everyday living. Can you find the flow between the two? Can you perceive or feel the movement between the pull to be desireless (the Mystery wanting to emerge into the foreground) and the pull to have your desire fulfilled (the Manifestation wanting to emerge into the foreground)?

Until next month when another Reflection will appear, may you be aware of the partnership between the Mystery’s enchanting presence and the delightful parade of Manifestations that It allows to emerge.

Ragini