

*“Some day,  
after we have mastered  
the winds, the waves,  
the tides, and gravity,  
we shall harness  
the energies of love.  
Then, for the second time  
in the history of the world,  
man will have discovered fire.”*



***Teilhard de Chardin***

Love is such an interesting word. It means so many different things to each of us. Yet, we use the word as if we absolutely know what it means, agree on what it means, and understand what it refers to in our pool of common experience.

What is the Love that our mystic is referring to? Is it possible that he means something different from the love that we experience as the opposite of hate? Could it be something else? Could it be, instead, a Presence? – a felt-sense of something beyond words?

Confusion churns in the **unconscious mind** when we understand this Love as our psychological/emotional love that is the opposite of hate. Our mystic’s Love is something beyond the mind, beyond visualization, beyond words, beyond description and beyond concept. It is rather a *felt-sense* for which there are truly no words – even though many are used to reference these amazing brushes against the “isness” of the moment – i.e., God, Love, Connection, Communion, Unity, Oneness, Presence. Non-conceptual Love is not capable of perceiving the diversity in life as separation. Our mystic’s Love is only the embracing of these distinctions that herald the joyous multiplicity and creativity of the Whole.

Our unconscious confusion causes us to continue to miss the mark. Like an arrow missing its target, our efforts to love keep dividing us – both inside and out. We once again set up what we like against what we dislike (love against hate) and this misunderstanding of how to live in duality perpetuates our perplexity and turmoil.

How *do* we harness the energies of Love? By understanding and relaxing into the dual nature of our universe – both inside and out – we are free to move beyond the psychological dance of love and hate into the arms of a deeper, broader, bolder brushstroke of the Divine. This brushstroke takes our breath away and rivets us deeply into such a magnificent depth of stillness that there is no longer any question to answer or to ask. All concept, emotion, and sense of self falls away and we are just Here - held in the arms of Now. The practicality of having access to this perceptual capacity is obvious.

Fire changed the world of man. Love changes it as well. I invite you to explore your own understanding of divine Love. Investigate how it differs in your mind and heart and soul from the psychological and emotional love we are all seeking from each other.

Please join me again next month for another Reflection. Meanwhile, may you master the waves and tides of your emotions and thoughts and harness the fire of compassion that transforms our hearts and changes our world.

Ragini